

SPA FIND 2 IN 1 PETITES (tr)

£38.00 each

All Treatments Are Between 30mins And 1 Hour

ACHE AWAY DEEP TISSUE MASSAGE AND SKIN NOURISHMENT

A deep tissue back massage that helps to dissolve muscular tension, promoting a complete sense of calm and soft, supple skin. Perfect for those suffering with aching muscles and who like a firm massage.

SILKY SKIN EXFOLIATION AND MASSAGE

A full body exfoliation with the Spa Find Heavenly Hydration Salt Brushing, followed by a back massage that helps to relieve muscular tension and leaves skin feeling silky smooth and deeply nourished.

COMPLETE CALMNESS FACIAL AND MASSAGE

A luxury back massage that helps to relieve muscular aches and pains, followed by a relaxing mineral mud facial that improves the texture of the skin and leaves it feeling soft and supple.

PURE PLEASURE DEEP CLEANSE AND MASSAGE

A luxurious back treatment that not only deeply cleanses, but also incorporates a deep tissue massage that helps to reduce tension and relieve muscular aches and pains.

TOTAL TONING FIRING AND MASSAGE

A natural mineral firming treatment designed to target the problem areas in need of toning or cellulite reduction, leaving skin feeling toned, smooth, soft and firm.

AGE AWAY FACIAL AND EXFOLIATION

A unique anti-ageing mineral body exfoliation, scalp massage and anti-ageing seaweed facial treatment that leaves skin fresh, cleansed and nourished, and fine lines and wrinkles smoothed.

ST TROPEZ (tr)

Self tan doesn't just look healthy, glowing and youthful, it makes you feel great, offers a safe alternative to UV tanning. All treatments include an exfoliation and use original cream St Tropez to offer a more relaxing and longer lasting alternative to a spray tan.

FULL BODY - 1hr £38.00
HALF BODY (arms, legs, face and décolletage) - 40mins £25.00

THE EYES HAVE IT (m) (tr)

BROW DEFINE £6.50
BROW TINT* £6.50
LASH TINT* £8.00
LASH/BROW TINT/DEFINE * £14.00
ARTIFICIAL LASHES (fan lashes) £2.00 per fan
LUXURY EYE MASQUE (tr) - 30mins £22.00

This Marine Collagen Masque provides anti puffiness action that helps smooth wrinkles and firms the skin tone. The contour of the eye is immediately luminous, leaving the skin feeling hydrated, smooth and revitalised.

SAVE!! Course of 4/6 £80/£110

*skin test is needed at least 24 hours prior to treatment

ESCAPE PAMPER PACKAGES (m)(tr)

Includes tea, coffee or soft drinks.

TOP TO TOE

MINI TREATS (m) - 1hr 30mins approx £45.00
Mini manicure or Gelez manicure, toe tidy, Quick stop facial, Brow define

SPOIL YOURSELF - 3hrs approx £90.00

Mini manicure or Gelez manicure, mini pedicure, Balancing or Soothing facial, Back neck and shoulder massage with full body exfoliation

ULTIMATE INDULGENCE PAMPER DAY - 5hrs approx £140.00
Spa Find Hydrated Hands or Full set of Acrylics, Spa find Fabulous feet or Boogie toes, Escape Serum facial, Full body massage with exfoliation and hot towels.

PROM/PARTY - 1hr 35mins approx £55.00
Mini manicure with polish design or Gelez manicure, Toe tidy with polish design, Brow define, Fan lashes x 10
Add Make-up £15.00

WEDDING

Bespoke packages for Bride and Bridal party, please discuss your requirements with Michelle, who will be happy to help make your day as special as possible. Wedding Day treatments will be done mobile at no extra cost* more information can be found on our website.

Escape Spa Treatments and Escape@Home is dedicated to offering you a pampering service that is second to none, therapies from a range of carefully selected products, to offer some of the most luxurious and sublime treatments available.

Offering treatments since 1992, Michelle Worthington at Escape Spa Treatments has an extensive knowledge of the Health and Beauty industry and has taken time to listen and understand your needs, with special emphasis on making you feel relaxed and giving you the opportunity to Escape.

My treatments will give you a lasting feeling of wellbeing, you will feel rejuvenated and revived and ready to face the world. From Prom to Wedding, from night out to ultimate pampering, Escape has a treatment for you.

Treatments are available at my Escape Treatment Room giving you the opportunity to forget your cares, be pampered in complete peace and tranquillity, or in the comfort of your own home*. Whichever you choose, I am sure you will be left with that 'just been to the spa feeling'.

If you are looking for a little luxury, look no further than Escape Spa Treatments.

Check for the latest news and deals on www.escapespatreatments.co.uk

*some treatments not available mobile. 10 mile radius from OL10 applies. Further afield will incur additional mileage charge, please ask before booking.

Escape
@Home
Spa Treatments



| | |
|-----------|-----------------|
| Monday | Closed |
| Tuesday | 9.30am - 8.00pm |
| Wednesday | 9.30am - 8.00pm |
| Thursday | 9.30am - 8.00pm |
| Friday | 9.30am - 6.00pm |
| Saturday | 9.00am - 4.00pm |
| Sunday | Closed |

126 Higher Lomax Lane,
Heywood OL10 4RU

T: 07778 424218

E: michelle@escapespatreatments.co.uk
www.escapespatreatments.co.uk

Treatments & Prices

(m) Denotes mobile service available
(tr) Denotes treatment room only

NAIL ENHANCEMENTS (m)

FULL SET OF ACRYLIC TIPS OR SCULPTED

FULL SET OF BOOGIE NIGHTS

Make everyday a celebration with Boogie Nights Acrylic System

These glitter acrylics creates life-of-the-party nails, quickly, easily and beautifully created nails that feel mighty real, and dazzle both day and night.

INFILLS/BACKFILLS £15.00/£17.50
(1 free nail repair included)

DESIGN SCULPT ACRYLIC from £5.00 per nail
Create the 'WOW' factor with individually sculpted designer nails.

BOOGIE TOES £30.00
SOAK OFF £10.00
NAIL ART from £2.50 per nail
SINGLE NAIL REPAIRS £2.00 per nail
GEL TOPCOAT £5.00
GET FUNKY POLISH DESIGN £5.00
The Latest craze to hit the streets, match your nails to your outfit or even your mood.

NATURAL NAIL (m)

MINI MANICARE - 35mins £15.00
Tired looking nails are revived with this quick fix manicure, includes hand and arm massage.

GELEZ MANICURE - 40mins £15.00
UV light cured gel polish that will last for weeks and offers a glass like finish.

SPA FIND HYDRATED HANDS - 1hr £28.00
This luxury hand treatment targets the sign of ageing with an exfoliation of the arm and hands, followed by a relaxing massage and application of mud mask to help tone and firm the skin.

FOOT FETISH (m) (tr)

TOE TIDY - 25mins £10.00
MINI PEDICARE - 40mins £18.00
Includes leg, ankle and foot massage.

SPA FIND FABULOUS FEET - (tr) - 1hr 15mins £30.00
This luxury foot treatment combines exfoliation and massage to target cracked heels and dry skin on the feet, leaving skin soft and supple and muscles relaxed.

REFLEXOLOGY - 1hr £35.00
A gentle therapeutic pressure point massage applied to the feet. The pressure applied can detect crystalline deposits and blockages along the meridian energy lines, which correspond to imbalance felt within the body. Unblocking these lines restores balance and promotes self healing.

LET'S FACE FACTS (tr)

QUICK STOP FACIAL - 20mins £15.00
Ideal for a quick pamper, cleanse, tone, massage and moisturise to leave your skin feeling revived and refreshed.
SAVE!! Add a touch of luxury with an eye mask. £28.00

BALANCING FACE TREATMENT - 55mins £28.00
This relaxing and gentle facial is specifically formulated to maintain the stability and elasticity of skin texture, encourages oxygenation and leaves the skin free from impurities.
SAVE!! Course of 4/6 £105.00/£150.00

SOOTHING FACIAL FOR SENSITIVE SKIN - 1hr £30.00
Treat your tired senses to this soothing medley of aromas to leave your skin comforted and refreshed. Offering a nourishing boost to sallow or congested skin, the gentle acupuncture massage will leave you feeling relaxed and soothed.
SAVE!! Course of 4/6 £110.00/£160.00

FRUIT ACID REVITALISING FACIAL - 40mins £35.00
This fruit acid cocoon retextures the skins surface and aids regeneration, promoting a brighter and clearer complexion. Ideal for sun damaged skin. Lymphatic draining promotes a feeling of wellbeing.
SAVE!! Course of 4/6 £130.00/£180.00

ULTIMATE ESCAPE SERUM FACIAL - 1hr 20mins £38.00
Your escape will begin with a deep cleanse, designed to improve circulation and skin tone, A gentle bamboo seed exfoliation will leave your skin feeling refined and replenished. Your journey will continue with a gentle fingertip serum massage, then relax into the Marine Alginate Masque whilst a fingertip scalp massage leaves you feeling completely pampered.
SAVE!! Course of 4/6 £140.00/£200.00

BODY CONSCIOUS (tr)

SPA FIND HEAVENLY HYDRATION SALT BRUSHING TREATMENT - 30mins £25.00
This luxury full body exfoliation revitalises the body and mind, leaving the skin soft and smooth, ingredients include Vitamin E and Coconut oil to nourish and invigorate the body as it is highly polished from head to toe.

SPA FIND BODY BLISS CONTOUR AND RELAX TREATMENT - 1hr 30mins £45.00
Combines relaxing and nourishing Dead Sea mud envelopment with firming Algimud seaweed for problem areas. Body Bliss leaves the skin soft and hydrated and reduces the appearance of cellulite. A fantastic treatment for those wishing to see visible results, be pampered and relax.

SPA FIND MARINE MIRACLE FIRING WRAP - 1hr 30mins £52.00
Marine Miracle tones and firms the skin, improves cellulite and nourishes the skin. The treatment begins with a luxury exfoliation followed by Algimud Dead Sea mud and seaweed mask. A personalised treatment designed to revitalise specific problem areas.

SPA FIND SCULPTED SILHOUETTE INCHWRAP - 2hours £65.00
The ultimate combination of plant extracts and Dead Sea minerals makes this a powerful detoxifying body treatment. Your skin is deeply polished, before the body is cocooned in comforting wrap. The active marine ingredients work to stimulate cellulite and toxins, easing the inches away and leaving you with an improved body contour.

MASSAGE MENU (tr)

At Escape Spa Treatments we realise that massage is a very personal experience, a massage with incorrect pressure or that doesn't target your specific problem areas can spoil the whole experience for you. The massage menu gives you the opportunity to create your own massage treatment tailor made to your requirements. Whether you want to simply relax and de-stress or target aches and pains, we have a massage that will suit you.

Step 1 – Choose your body part

FULL BODY - 1hr 15mins £38.00
BACK, NECK AND SHOULDERS - 40mins £22.00
SHOULDERS, NECK AND SCALP - 30mins £18.00
LEGS - 30mins £18.00

Step 2 – choose your massage

DRY: Neck, shoulders and scalp only. You remain full dressed whilst pressure point and kneading massage relaxes and de-stresses, slowly feel the tension drain away. Ideal for a quick lunch break treatment. Light – Firm pressure.
AROMA: A slow and relaxing massage, using pre-blended oils to help soothe your senses. Leaves you with a feeling of wellbeing. Light – Medium pressure.
SWEDISH: A deeper massage designed to de-stress and revive. Ideal for aching muscles post exercise, Improves circulation and blood flow, reduces stress and releases tension. Medium – Firm pressure.

Step 3 – Add a touch of luxury

(Full body Aroma and Swedish only)
Body Brush - 10mins £6.00
Improves lymphatic drainage and removal of toxins, especially good for eliminating cellulite.
Exfoliation body polish - 15mins £10.00
Exfoliation to improve skin tone and texture, improve circulation and leaves the skin feeling fresh and revitalised
Hot towels - 5mins £2.00
Finish your massage with a hot towel massage to remove oil residue and leave you feeling completely revived.

Tailor made treatment courses available including anti cellulite, pre competition sports, regular post exercise and muscle tone. Please ask about discounts and packages. Mobile treatments available by arrangement.